## WHITE FOLKS (PART II): A CALL TO ACTION

## TOOLKIT

In this toolkit, we will explore oppression within the United States on three levels: Micro, Meso, and Macro. We will identify on which levels prejudice exists and on which levels prejudice, if reinforced by systems of power, turns into racism. In order for us to do so, we must look at how we operate within each level of society. We must acknowledge that racism is not something that is separate from us regardless of our identities. We each fit within the system of racism and depending on our actions, contribute to white supremacy on varying levels.

This toolkit will assist in identifying actionable next steps for how we can hold ourselves and others accountable in being actively anti-racist.

## DEFINITIONS:

Individual level (thoughts, beliefs, feelings,
intentions, interactions with others, etc.).

PROMPT 1: What are some ways to hold yourself \& others accountable in combating prejudice on a micro or individual level?

## WHAT IS THE <br> 'MESO-LEVEL?'

Group level (organizations, communities,
ethnic groups, political parties, schools, etc.).

PROMPT 2: What are some ways to hold yourself or others accountable in combating prejudice on a meso or group level?

Systemic or institutional level (laws that are
passed, resources made available to certain
groups, the way society views a certain group of people or concept, etc.).

PROMPT 3: What are some ways to hold yourself or others accountable in combating racism on a macro or institutional level?

## LEVELS OF SOCIETY


the United States, while still holding

individual power by separating self
from racism \& not condemning it
when witnessed.

Continuously self reflecting on individual
contributions to injustice on a micro, meso,
\& macro-level by unlearning \& learning how
racism operates within the U.S. \& actively
addressing \& condemning it when witnessed.

WORD BANK: Here is a word bank of useful language to drive your conversations.
"Yes, and..."
"Tell me more about..."
"Can you tell me where that idea comes from?"
"Can you tell me more about the first time you heard that concept or idea?"
"We are bringing different information and perspectives to this conversation; we can learn from each other."
"This made me feel..."
"I feel $\qquad$ when..."

