

# WHITE FOLKS (PART II): A CALL TO ACTION

## **TOOLKIT**

In this toolkit, we will explore oppression within the United States on three levels: Micro, Meso, and Macro. We will identify on which levels prejudice exists and on which levels prejudice, if reinforced by systems of power, turns into racism. In order for us to do so, we must look at how we operate within each level of society. We must acknowledge that racism is not something that is separate from us regardless of our identities. We each fit within the system of racism and depending on our actions, contribute to white supremacy on varying levels.

This toolkit will assist in identifying actionable next steps for how we can hold ourselves and others accountable in being **actively anti-racist**.

Disclaimer: Black people and other people of color do not have the institutional power to be racist.

Diversity Talks & PR(iSM) Resistance Coalition





### **DEFINITIONS:**

### WHAT IS THE 'MICRO-LEVEL?'

Individual level (thoughts, beliefs, feelings,

intentions, interactions with others, etc.).

**PROMPT 1:** What are some ways to hold yourself & others accountable in combating prejudice on a micro or individual level?

### WHAT IS THE 'MESO-LEVEL?'

Group level (organizations, communities,

ethnic groups, political parties, schools, etc.).

**PROMPT 2:** What are some ways to hold yourself or others accountable in combating prejudice on a meso or group level?

### WHAT IS 'MACRO-LEVEL?'

Systemic or institutional level (laws that are

passed, resources made available to certain

groups, the way society views a certain group

of people or concept, etc.).

**PROMPT 3:** What are some ways to hold yourself or others accountable in combating racism on a macro or institutional level?

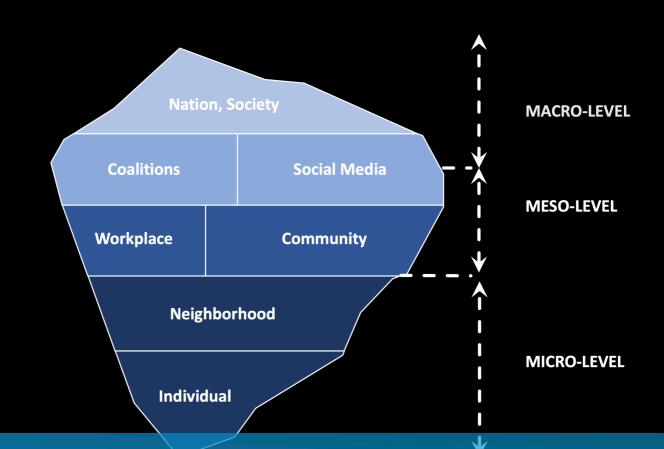
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#### **LEVELS OF SOCIETY**

**RACISM** 

This shift requires reinforcement of power.

**PREJUDICE** 







### **DEFINITIONS:**

WHAT IS 'NON-RACIST?'

Acknowledging that racism exists within

the United States, while still holding

individual power by separating self

from racism & not condemning it

when witnessed.

WHAT IS 'ANTI-RACIST?'

contributions to injustice on a **micro**, **meso**,
& **macro-level** by unlearning & learning how
racism operates within the U.S. & actively
addressing & condemning it when witnessed.

Continuously self reflecting on individual

**WORD BANK:** Here is a word bank of useful language to drive your conversations.

"Yes, and..."

"Tell me more about..."

"Can you tell me where that idea comes from?"

"Can you tell me more about the first time you heard that concept or idea?"

"We are bringing different information and perspectives to this conversation; we can learn from each other."

"This made me feel..."

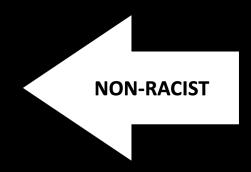
"I feel \_\_\_\_\_ when..."

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#### **NON-RACIST**



#### **ANTI-RACIST**



Acknowledges Racism



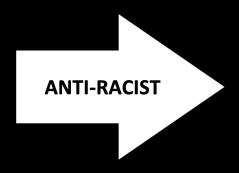
Separates Self From Racism



**Does Not Condemn Racism** 









**Continuously Self-Reflects** 



**Unlearns & Learns** 



**Actively Addresses & Confronts** 



