

LOGO

COMMUNITY

EDUCATION

ABOUT US

VOLUNTEER



CSA BOXES

KIDs CLASSES

OUR STORY

VOLUNTEER

YOGA CLASSES

BOARD MEMBERS
&
SPONSORS

PROJECTS
&
EVENTS

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MEDIA

PROJECT ROOTS

"Grow with your own food"

Project Roots, Inc. is a non-profit community garden that works with volunteers to create fresh produce to help help arizonians. Project Roots, Inc. is a 501(c)3 based out of Phoenix, AZ with two community gardens located in South Phoenix and Maricopa.

LEARN MORE



FEATURED EVENTS

Text

Text

Text

Text

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FEATURED EVENTS

Text

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OUR CSA BOXES

Project Roots, Inc. is a 501(c)3 based out of Phoenix, AZ with two community gardens located in South Phoenix and Maricopa. (a little description of csa)

SHOP OUR BOXES



\$0.00



\$0.00

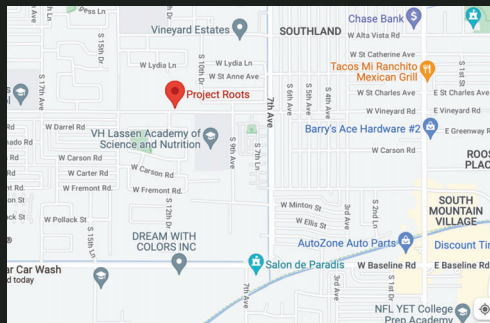


\$0.00



\$0.00

Where to find us!



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Sign up for our Newspaper

SIGN UP

Special Thanks To Our Sponsors!



PROJECT ROOTS

Yoga Wellness Collective



OUR MISSION IS

To co-create a welcoming, community-rooted wellness collective that supports diversity and inclusiveness and the integration of people, practices, and principles.



Bridget Pettis
Co-Founder | Teacher

Bridget Pettis has three decades of experience in the WNBA as a player, coach, and executive. Pettis' WNBA career began in 1997 when she was selected by the Phoenix Mercury with the seventh overall pick in the WNBA Elite Draft.

The Project Roots Yoga + Wellness Collective was founded in Fall 2021 and offers access to yoga practice, workshops, and training to the Phoenix community. Project Roots AZ is a nonprofit founded in late 2019 by WNBA Champion Bridget Pettis. A certified yogi for more than a decade, Bridget has been hosting yoga classes at Spaces of Opportunity, which is home to the Project Roots gardens. Her vision is to promote and empower emotional, physical, mental, and social health for all people who seek it.

Dionne Washington is a local Arizona native with a background in business administration, event planning, and fundraising. She went back to school after having her three children and completed her undergraduate degree in Business Management and her Masters' Degree in Business Administration at Grand Canyon University.

Dionne is passionate about feeding the community and is responsible for all community relationships, grants and fundraising as well as serving as a local food purchaser on behalf of Project Roots in Arizona. Last year Dionne along with the help of the PR Team distributed over 50,000 pounds of food during the pandemic to those with food insecurities. Many of the food banks that Dionne helped distribute food to, were the same food banks she and her siblings ate from when they were younger.



Dionne Washington
Co-Founder | Executive Director



Asia Smith
Teacher | Owner and CEO of Pearled Buddha, LLC

Asia C. Smith, a RYS Certified Yoga Teacher and Certified Life and Wellness Consultant/Coach, offers Wellness Experiences in both Corporate and Community spaces. Asia holds a B.S. in Psychology from Tennessee State University and discovered the benefits of yoga in college; she has been practicing for over 10 years.

Asia is a Behavioral Health professional with experience in various positions of leadership. She is a passionate volunteer and participates in a myriad of volunteer projects to address community needs.

In addition to serving as owner and CEO of Pearled Buddha, LLC, she and her mother, Jaymene K. Smith, recently launched Sacred Pearls BirthWork to provide holistic doula services, childbirth classes, pre and postnatal yoga, and mental health resources for clients.

Khariah Clark is a 200hr certified trauma informed yoga instructor and certified intuitive guidance practitioner. Her modalities include yoga, astrology, meditation, + intuitive/ practical guidance. Her mission is simple: Extending the invitation to the healer within us all, so that we may heal consciously + collectively.

While serving in the United States Air Force she realized the collective's ability and desire to undo the songs of trauma through community healing as well as being properly equipped with the tools and support for individual healing as well. In her dorm room is where "The Guided Healing League" was born.



Khariah Clark
Teacher | Founder and CEO of The Guided Healing League



David Cunningham
Teacher | Yoga Coach

With well over 3000 hours of facilitating in the Yogic Sciences, David Cunningham has had the opportunity to work with a variety of people, situations, and venues. With that awareness, he feels individuals, couples, small groups, and corporations will benefit from this "Whole-istic" Experience.

Eric is an independent social documentary & portrait photographer currently based in Phoenix, AZ. His creative & professional interests lies in humanitarian photography & introspective portraiture. He believes in producing images with conscience & purpose beyond himself. His hope is profound personal awareness & social change.



Eric Elmore
Independent Social Documentary and Portrait Photographer



Teresa Cabrera
Coordinator

THANK YOU TO OUR SPONSORS

CamiStar Yoga

The Media Push

Ahimsa House

Eric Elmore Photography

OUR MISSION

Project Roots nourishes and educates communities in need by promoting a healthier, natural, and more sustainable way of urban living.

ABOUT US

Project Roots AZ was co-founded by Bridget Pettis who goes by BE and Arizona Native Dionne Washington in late 2019 along with a family member, cousin of Bridget, Jessica Diamond. Project Roots is a 501(c)3 non-profit organization based in Phoenix, AZ. We focus on ways to educate the community about growing their own food through various educational programs. We support the homeless and those with food insecurities by feeding them from our local community gardens and mobile kitchen service, supplying hygiene items, clothing and shelter. Project Roots AZ offers seasonal produce bag delivery services in certain parts of the Phoenix area and can be found at the Farmers Markets throughout the valley.

CO-FOUNDERS

BRIDGET PETTIS

Farmer



DIONNE WASHINGTON

Executive Director

SERVE WITH US



Volunteers are the heart of our project. We couldn't do what we are doing without help from volunteers. Thank you in advance for giving your time. We are grateful for your support of our mission.

VOLUNTEERING OPORUNITIES

Spaces of Opportunity Garden

Help us at our 1/2 acre plot at Spaces of Opportunity.

VOLUNTEER



Local First El Rancho Community Garden

Supported by Project Roots

VOLUNTEER

Other ways to help us?
HELP US BY DONATING [DONATE](#)

— BOARD MEMBERS —

Our Board of Directors exists to carry out the following functions:

- Represent the organization to the outside world and provides support and counsel to the foundation's executive director
- Delegate specific roles (chairwoman, president, vice president, secretary, treasurer)
- Support foundation by making personal donations, garnering resources and advisors, and assisting with fundraising
- Serve as foundation's ambassador to other agencies, existing and potential funders, and the general community
- Communicate foundation's value to prospective donors
- Attract donors, supporters, favorable press and new board members
- Contribute valuable time in order to become fully involved with all aspects of fund raising, as well as their considerable talents, as needed

— MEET OUR TEAM —

[PHOTO OF BRIDGET]

BRIDGET PETTIS

PRESIDENT

Bridget Pettis has three decades of experience in the WNBA as a player, coach, and executive. Pettis' WNBA career began in 1997 when she was selected by the Phoenix Mercury with the seventh overall pick in the WNBA Elite Draft.

She played in the WNBA for eight seasons with the Mercury and Indiana Fever before joining Phoenix's coaching staff as an assistant in 2006, helping lead the team to two WNBA championships (2007, 2009). Pettis served as Mercury's director of basketball operations from 2010-13 before joining the Los Angeles Sparks as an assistant coach in 2013. Pettis spent three seasons as an assistant coach with the Dallas Wings (2014-2017) and most recently as an assistant coach at the Chicago Sky (2019-2020).

[PHOTO OF GENEL]

GENEL BURWELL

VICE PRESIDENT

[PHOTO OF DIONNE]

DIONNE WASHINGTON

TREASURER

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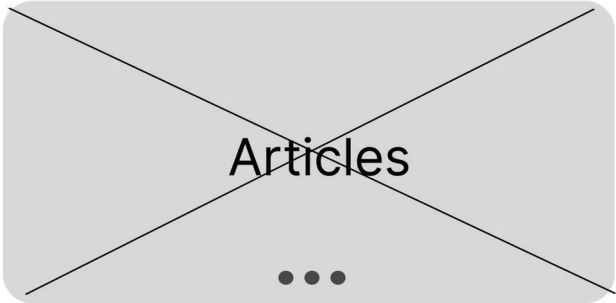
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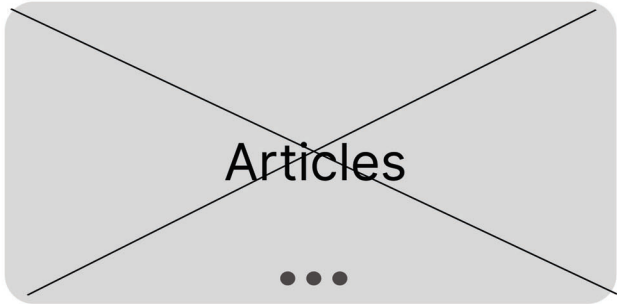
ADVISOR

[photo credits]

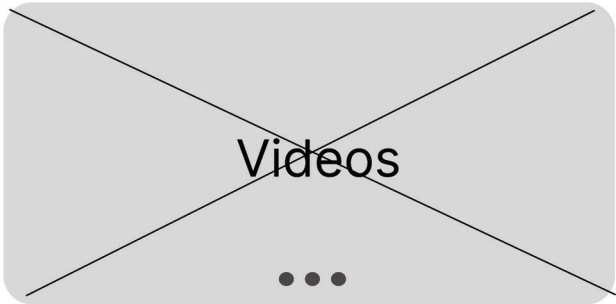
MEDIA



Info relating to project roots in communities



Info relating to project roots in communities



Info relating to project roots in communities



CONTACT US

We'd love to hear from you!



your name your email

your message

SEND



PROJECT ROOTS

602.775.2090

If we don't answer please text us, we could be in the garden!

FAQs